

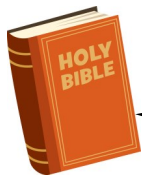
TRUTH

for  
Youth

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KINDNESS

By Matthew Ritchey



**GOD'S WORD SAYS:** "The merciful man does good for his own soul, But *he who is cruel* troubles his own flesh."  
Proverbs 11:17.

How do you feel when someone is kind to you? Has someone ever been kind to you when you were having a bad day? Did someone ever give you a gift when you were not expecting it? Is it hard to be kind to some people? The world needs more kind people. God has told us to be kind and has given us the perfect example of kindness. Kindness not only benefits others; the Bible tells us kindness helps us too.

# What is Kindness?



**GOD'S WORD SAYS:** That in the ages to come he might shew the exceeding riches of his grace in *his* kindness toward us through Christ Jesus." Ephesians 2:7.



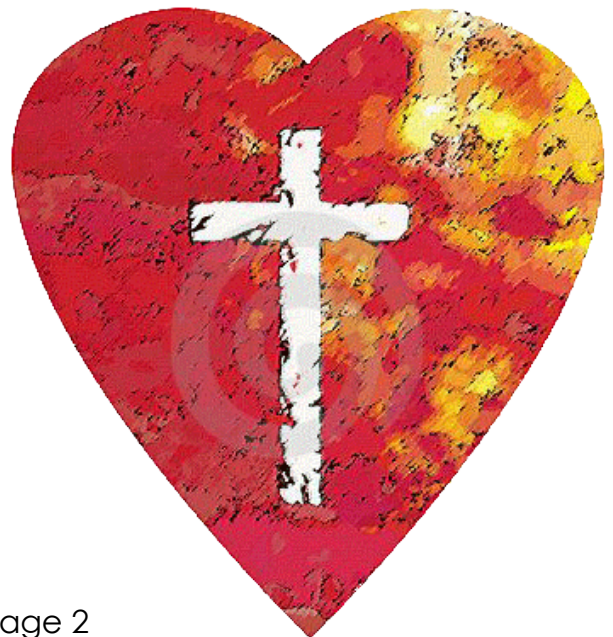
Kindness is being nice to someone. It is caring for them and being helpful. It is treating someone with respect and showing that they are important. Kindness is being nice to someone without expecting good from them in return. Kindness is seen when you share your favorite candy bar with someone or you allow someone to go ahead of you in line.

## God Was Kind First



**GOD'S WORD SAYS** "...the kindness and love of God our Savior toward us appeared." Titus 3:4.

The Bible tells us that we did not deserve kindness from God. We disobeyed Him, and were sinners against Him. Yet, God was kind toward us when we did not deserve His kindness. He sent Jesus Christ to pay for our sins on the cross and rise again from the dead. It was through this kindness of God our Savior that we are saved forever. We can live for Him today and look forward to being in Heaven one day.



# Kindness For Others



**GOD'S WORD SAYS:** "And be kind to one another, tenderhearted, forgiving one another, even as God for Christ's sake has forgiven you." Ephesians 4:32



God wants us to be kind to others. Some people are easy to be kind to; there are others it is harder to show kindness to. We can be kind by remembering how kind God was to us when we did not deserve it. We can know that God has forgiven all of the sins and bad things we did against Him. Since God was kind to us, we can trust Him to help us be kind to others.

## Show God's Kindness



**GOD'S WORD SAYS:** "Therefore, as we have opportunity, let us do good to all..." Galatians 6:10.

Kindness starts on the inside. It is letting God change our hearts so that we look on other people in kindness. God has made us new when we trusted in Jesus Christ to save us. In a world that is not always so kind, we can make God happy by showing His kindness to others.



**COPY EPHESIANS 4:32 IN THE BOX BELOW.**



**MEMORIZE IT AND ASK GOD TO HELP YOU BE KIND TO OTHERS.**

Use the lines below to write some ways you can be kind. Check the box when you show this kindness to someone else.

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